

Environmental, Health and Safety News

September 2012

We're Proud of Our Work



imi
Irving Materials, Inc.

Something to Think About!!

Aim at heaven and you will get earth thrown in. Aim at earth and you get neither.

[C. S. Lewis](#)

Tricks of the Safety Trade

What is the difference between the individual that has never had a serious on-the-job injury and the person who has been injured? Do they approach their job differently? Is it a matter of luck? Could it be that some people never cut corners when it comes to safety? Do people stop to think about the consequences of their actions? Has there been a lack of proper training? Do some individuals ignore safety procedures?

Whatever the reasons, the safety sensitive person knows that to maintain a safe and efficient worksite certain "tricks of the safety trade" must be followed. Check your knowledge of the "tricks of the safety trade" with the following list:

Do you:

- Start every day with a discussion of the tasks for the day?
- Perform a pre-operational inspection of your work area and/or equipment?
- Always wear the appropriate personal protective equipment for the task?
- Wear appropriate foot wear for the job?
- Know the purpose of each tool in the tool box and use the proper tool for the job?
- Always plug power tools into grounded outlets that have ground fault circuit interrupters?
- Inspect all electrical tools and extension cords prior to each use?
- Lift anything without knowing its weight?
- Get help with heavy and awkward items?
- Bend your knees when lifting, holding the load close to the body and lifting with



- your legs?
- Choose the proper eye protection for the task you are performing?
- Protect your hearing by wearing the proper protection on and off the job?
- Position a ladder with the 4-to-1 rule, never using a metal ladder in the proximity of electrical lines?
- Always follow lockout/tagout procedures to ensure that all sources of energy have been removed prior to starting work on machines or equipment?
- Always wear a seat belt in vehicles and equipment where seat belts are provided?
 - Never ride in or on equipment or vehicles unless they are equipped for riders?
 - Survey the landing area prior to dismounting equipment?
 - Practice good housekeeping at all times and continuously during a project?
 - Watch out for pinch points, always replacing guards when repairs have been completed?
- Allow horseplay on the job? It is one of the leading causes of accidents.
- Know where the Material Safety Data Sheets are stored?
- Refer to the Materials Safety Data Sheets when some new chemical is introduced into the work place?
- Stop, Look, Analyze, and Manage every task? S.L.A.M.

The safety veteran is always aware of these tricks of the trade and helps to ensure that his co-workers follow them as well. Don't take chances, use these "**Tricks of the Safety Trade**" to become and remain a safe and healthy employee.

Welcome to the new year, 2012
Deeper into SAFETY AWARENESS we should delve.



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**We are on the web
www.irvmat.com**

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Safety is never an accident: it is always the result of high intention, sincere effort, intelligent direction and skilled execution! It represents the wise choice of many alternatives!!

FMCSA Rule for Cell Phone Use

The Federal Motor Carrier Safety Administration issued a final rule on cell phone use in commercial motor vehicles (CMV) in 2011 that went into effect in January 2012. Because I have recently received some questions about cell phone use in our company vehicles, I thought a revisit to the rules appropriate.

What is prohibited in the rules:

- Hand-held use of a cellular phone while driving a CMV.
- Hand-held use of cellular phone while driving a CMV and “temporarily stationary because of traffic, a traffic control device, or other momentary delays.”
- Push-to-talk function of cellular phones in lieu of a two-way radio while driving a CMV.
- Texting while driving a CMV.
- Hand-held use of a cellular phone to record truck odometer reading while driving a CMV.
- Excessive “reaching” for a cellular phone (i.e. phone under the seat, etc.).

What is allowed in the rules:

- Hand-held use of cellular phone in a CMV while the truck is

Location: _____

Supervisor: _____

please sign below, confirming the material was reviewed: _____ September 2012

idling, parked or otherwise stationary but not on a roadway.

- Two-way radios.
- Walkie-talkies.
- Speaker phone function of a cellular phone while operating a CMV.
- Hands-free cellular phones or similar functions.
- Single button touching on a cellular phone to initiate, answer or terminate a call (i.e. voice activation, speed dialing, voice dialing, voice to test features).
- Use of a hand-held cellular phone while driving a CMV to “communicate with law enforcement officials or other emergency services.”

Cell phone use by employees while working is not going to be prohibited by imi because we depend too heavily on the use of cell phones in everyday situations. Cell phones are an important part of conducting our work efficiently. Our Company Policy on cell phone use says:

“The use of hand held cell phones will only be allowed if the vehicle is parked in a safe off-road location away from traffic, parked in an area away from work/construction areas of a job site or parked in a designated area such as a company parking lot and not performing work for Irving Materials. The use of company supplied communication devices while performing safety sensitive duties must also be limited not to interfere with the safe operation of the equipment. The best practice would be to wait and respond when stopped in a safe place.”